



# Kinship: a community for men.

*“The world is so empty if one thinks only of mountains, rivers & cities; but to know someone who thinks & feels with us, & who, though distant, is close to us in spirit, this makes the earth for us an inhabited garden.”*

*- Goethe*

In our groups & conversations with men from across the world, from diverse cultures and backgrounds, one theme more than any other has been consistent: a sense of isolation and a longing for greater connection.

Men who come to our Circles frequently share that in their everyday relationships with other men, they struggle to take conversation beyond the surface level.

And yet, we witness that when men are given the space to genuinely commune with other men, they naturally drop into more meaningful conversation, creating a deep sense of connection and community.

It is this that many of us are longing for, perhaps without knowing it.

It is the experience of being in a group where there is no judgment, no goal, no competing – instead, there is deep curiosity and the rare expansiveness we feel when part of a community of like-minded souls.

The ancient practice of communing has been lost – the spaces where we can share stories, hopes, dreams and fears, feel inspired and develop some shared meaning.

Spaces where we can also belly-laugh, play and joke together as our ancestors once did around campfires.

We’ve responded to this longing by creating **Kinship**, an ongoing community of men coming together to explore new ideas and perspectives.

We’ll share stimulating, creative content that draws on old and new wisdom for the biggest questions and challenges we are holding in our lives, themes like work, money, relationships, love, grief, fatherhood and purpose.

### The Kinship community includes:

- **Insights & inspiration:** Thought-provoking and engaging content related to our journey as men and our masculinities drawing on philosophy, science, spirituality, religion and ancient wisdom.
- **Weekly conversation topic:** Weekly inquiries shared on themes relevant to the group to invite conversation, sharing and stories.
- **Social:** Secure and free social channels hosted on Mighty Networks for chat, content and connection
- **Resources:** Our recommendations for the most engaging content for personal growth: books, tools & practices, films, stories, podcasts and research.

### Who this is for:

- **Kinship** is open to all men who are interested in deepening their self-understanding by being part of a community of open-minded & courageous men
- All members are asked to abide by our principles centred around respect, honesty, commitment and curiosity.

### Feedback from men in our groups:

- *"Somewhere you can have the sacred space with other men that you didn't realize you needed. I truly believe that it had a life-changing effect on me and helped me so thoroughly in one of the most challenging points in my life."*
- *"A chance to reconnect to men in a way that felt natural, authentic and free from bullshit!"*
- *"The biggest thing for me was being able to have those conversations that I've always wanted to have with people I felt 100% confident to converse with."*
- *"A great forum to explore ideas you might not usually explore in your everyday life - and stimulus to start asking yourself these questions more regularly, or asking others those questions."*
- *"Calling it 'eye-opening', or 'thought-provoking' seems like a cliché, but it really has been. It's demonstrated to me the power of asking questions that don't have clear-cut answers because it's the act of asking questions and thinking through our experiences that can be so rewarding. Sometimes we don't realise what matters to us in life until we're asked about it, and it's worth being asked, even if the answer isn't yet ready."*

### Membership:

- Contribution-based: free or pay-what-you-can. We aim to keep the community inclusive.
- Our monthly group Circles with additional content and resources will be on a paid membership basis (fee tbc)

[Find out more & join](#)